**Student Leadership Syllabus**

Part 1: BUILDING UNITY

Day 1 Mixers: Left/Right Bumpety Bump, The Name Game, Simon Says, Human Scavenger Hunt

Day 2 Mixers: Tea Party, Moose-Moose, Two Truths & A Lie

Day 3 Mixers: Reverse the River, Course overview

Day 4 Personal Preview: jigsaw puzzle

Day 5 Personal Preview: jigsaw puzzle, continued

Day 6 Expectations: What would you like to learn from this course?

Day 7 Agreements: Define structure of the class

Day 8 Team building: Public Interview

Part 2: PERSONAL DEVELOPMENT

Day 9 Goal Setting: Discussion of short and long term goals, Purpose of setting goals, types and examples of goals.

Day 10 Goal Setting: Learning how to set short and long-term goals

Day 11 Goal Setting: Video—Karate Kid

Day 12 Goal Setting Video—Karate Kid

Day 13 Communication Skills: Tell a Story, Back to Back Drawing

Day 14 Communication Skills: Peanut Butter & Jelly, Charades, Poem—Deaf Donald

Day 15 Communication Skills: Role playing of various situations

Day 16 Communication Skills: Closure on activities, discussion of what makes good and bad communication, Story—The Ruckus

Day 17 Listening Skills: Diads, Reflective listening

Day 18 Listening Skills: Body Language, Identification of Positive and Negative Listening Habits

Day 19 Listening Skills: Take a Stand, Take the Opposite Stand, Closure

Day 20 Self Esteem: Story—Alexander & the Terrible, Horrible, No Good Very Bad Day, What is Self Esteem?

Day 21 Self Esteem: Story—The Big Brag, Job Description Activity

Day 22 Self Esteem: Story—IALAC

Day 23 Self Esteem: Whom to Leave Behind, How to Foster Positive Self Esteem

Day 24 Personal Expression: Music

Day 25 Personal Expression: Art

Day 26 Personal Expression: Literature

Day 27 Personal Expression: Film

Day 28 Guest Speaker

Day 29 Values: Values auction

Day 30 Values: Values survey

Day 31 Values: Cultural differences, Immigration activity

Day 32 Values: Ethics

Day 33 Presentation Skills Outline—What makes a good presentation

Day 34 Presentation Skills Practice—Video tapping

Day 35 Presentation Skills Practice—Video tapping

Day 36 Wellness: Attitude

Day 37 Wellness: Diet and Health

Day 38 Wellness: Stress relief through music, laughter, exercise and attitude

Part 3: GROUP DEVELOPMENT

Day 39 Group Development Model

Day 40 Meeting Skills: Review and Model Interaction Method

Day 41 Meeting Skills: Perspective, Power, Persuasion

Day 42 Group Dynamics: Headbands

Day 43 Group Dynamics: Magic Squares

Day 44 Group Dynamics: Rope triangle

Day 45 Group Dynamics: Facilitative Leader Model

Day 46 Trust and Coaching: Coaching Trust Walk

Day 47 Trust and Coaching: Trust Ladder

Day 48 Collaboration, Competition, Compromise: Win as Much as You Can

Day 49 Collaboration, Competition, Compromise: High Iron

Day 50 Collaboration, Competition, Compromise: Process MAMAYC and High Iron

Day 51 Collaboration, Competition, Compromise: Cooperation Squares, Closure

Day 52 Problem Solving: Strawbuilding

Day 53 Problem Solving: Eggs Can Fly

Day 54 Problem Solving: Eggs Can Fly (closure and processing)

Day 55 Stereotyping: Story—The Sneetches

Day 56 Stereotyping: Shirt and Tie

Day 57 Stereotyping: Talk Your Way In

Day 58 Stereotyping: Civil Rights, Human Rights, Video

Day 59 Tolerance: Video—Universal Declaration of Human Rights

Day 60 Tolerance: Accepting differences

Day 61 Tolerance: Agreeing to disagree

Day 62 Tolerance: How the world sees us

Day 63 Conflict resolution: The nature of conflict, emotions and rational thought

Day 64 Conflict resolution: Power Plates

Day 65 Conflict resolution: Alternatives to conflict, Story—The Secret of the Peaceful Warrior

Part 4: CONTRIBUTIONS TO CHANGE

Day 66 Brainstorm possible community service projects

Day 67 Brainstorm criteria for project

Day 68 Do Criteria Matrix for community service project

Day 69 Decide on Community Service Project

Day 70 Guest Speaker

Day 71 Making a Difference: Video—Amazing Grace and Chuck

Day 72 Making a Difference: Amazing Grace and Chuck

Day 73 Making a Difference: Amazing Grace and Chuck

Day 74 Making a Difference: Amazing Grace and Chuck, closure

Day 75 Getting Involved: What can you do locally?

Day 76 Getting Involved: Letters to the Editor

Day 77 Getting Involved: Resources to help

Day 78 Getting Involved: Video—The Lorax

Day 79 Guest Speaker

Day 80 Community Service Project

Day 81 Community Service Project

Day 82 Community Service Project

Day 83 Community Service Project

Part 5: CONTINUING TO MAKE A DIFFERENCE

Day 84 The Future: Story—Oh! The Places You’ll Go, Staying Involved, Developing a vision

Day 85 The Future: Poem—The Bridge, Your role/responsibility in society, Time Capsule

Day 86 Reflections: Review Expectations and Agreements

Day 87 Grade Evaluations: Individual Essays

Day 88 Validations: Letters to self

Day 89 Validations: Group

Day 90 Validations: Group

Day 91 Celebration