

## San Mateo Elementary School Workshop: January 31, 2012

**\*\* (Students will be broken up into smaller groups to ensure that they are provided with more individualized attention. The workshop incorporates both small and large group activities to ensure that students can practice leadership in various settings. ) \*\***

**8:30-8:50 Registration/ Mixers (20)**

\*\*CASC Mixers are engaging group bonding activities that help all delegates break the ice and become comfortable with one another. These mixers will get students energized and ready for a day full of learning!

**8:50- 9:00 Welcome: Overview, CASC rules, Introductions (10)**

**9:05- 9:45 Small Group: Council Session I (40)**

- Name Game (5)
- Expectations/ Agreements (5)
- Personal Portrait (25)

**9:50-10:30 General Session: Ideal Leader (40)**

\*\* This first general session enables students to reflect upon the important qualities of leaders, and determine in which ways they may improve upon their own leadership skills. \*\*

**10:35- 10:40 Snack Break (5)**

**10:40- 11:25 Small Group: Council Session II- Meeting Skills (45)**

- Core Meeting Process (5)
- Seating Arrangements (5)
- Roles/ Contracts (15)
- Tools for Reaching Agreements/ Ice Cream Agenda (20)

\*\*This council session is extremely imperative for all student governments. Students will be taught how to plan, conduct, and follow-through with meetings. Through this interactive process, they will learn how to establish clear agendas, visions, and goals for their group, as well as consensus building skills. \*\*

**11:30- 12:00 Lunch (30)**

**12:00- 12:20 Fun Show**

\*\*This show is a surprise! However, it incorporates communication skills and teaches delegates the importance of active listening, providing clear direction, and much more. \*\*

**12:25- 12:55 Practice Meeting (30)**

\*\*It is important that students have the opportunity to put what they have learned into action. Counselors will guide the students through a practice meeting from start to finish, so that students will be able to bring their new skills to their schools and communities!

**12:55- 1:40 Small Group: Council Session III- Presentation Skills (40)**

- Basic Presentation Skills
- Successful Presenting
- Diads

\*\*All leaders need to carry themselves with composure and self-confidence. Through our Presentation Skills session, delegates will gain invaluable public speaking skills, and discover the most effective ways to convey one's ideas. They will also have the opportunity to present speeches to the group. \*\*

**1:45- 2:20 General Session: Balloon Castle (35)**

\*This exciting general session involves the advisors as well!

**2:20- 2:30 Closing/ Evaluations (10)**